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## Health Officials Lead Stroll for Better Health at Jones Beach Boardwalk

Senator Kemp Hannon (center) leads a walk along the Jones Beach Boardwalk, July 21, 2016. He participated in a Sunset Stroll, sponsored by the Long Island Health Collaborative (LIHC), to raise awareness about the importance of daily physical activity. He is joined by Kevin Dahill, President/CEO of the Nassau-Suffolk Hospital Council (left) and Dr. James Tomarken, (right) Suffolk County Commissioner of Health. Walking at a faster pace and not in the photo is Dr. Tavora Buchman, Director of Quality, Improvement, Epidemiology and Research and Director of Tuberculosis Control, Nassau County Department of Health. LIHC promotes walking as an easily achievable exercise through its Are You Ready, Feet?™ walkability campaign. The interactive online portal, [Are You Ready, Feet?™](#), can be used by people of all ages to track physical activity and progress. The Collaborative is focused on helping community members better manage and prevent chronic diseases, especially those related to obesity. State Health Commissioner Dr. Howard Zucker, who later joined the walk said, “Jones Beach is a beautiful place to walk and it’s important to get in some exercise every day.” (See additional photo page 2.)

### About the Long Island Health Collaborative

The [Long Island Health Collaborative](#) is a partnership of Long Island’s hospitals, county health departments, physicians, health providers, community-based social and human service organizations, academic institutions, health plans, local government, and the business sector, all engaged in improving the health of Long Islanders. The LIHC is part of the Long Island Population Health Improvement Program, which is a New York State Department of Health grant-funded initiative designed to promote population health activities.

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From left: State Senator Kemp Hannon, State Health Commissioner Dr. Howard Zucker and Dr. James Tomarken, Suffolk County Health Commissioner.

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